

Philips Lifeline is offered by the Plumas District Hospital Volunteers to residents who live within the Hospital District boundaries and Indian Valley.

There are no other qualifications to become a Lifeline Subscriber.

Lifeline is a 24-hour emergency response system that allows individuals to live on their own with confidence.

Lifeline can benefit anyone living alone, the elderly, people recovering from surgery or illness, the disabled and those with medical conditions who may require attention at a moment's notice.

Lifeline reassures you and your family that you can get help when you need it.

LIFELINE CHARGES

Lifeline costs \$30 a month. There is a \$20 charge for installation. You do not purchase the equipment and can return it at any time with no penalty.

10/5/2018

PHILIPS LIFELINE

**Plumas District Hospital
VOLUNTEERS**

For more information
call the Volunteer
Lifeline Manager

**KATHY PRICE
530-283-1195
530-927-9160**

**MARILYN CHRISTENSEN
530-283-0697
530-518-1080**

Or call
Plumas District Hospital at
530-283-2121
and ask about Lifeline.

PHILIPS LIFELINE

MEDICAL ALERT SERVICE



**Plumas District Hospital
VOLUNTEERS**

EFFECTIVE & SIMPLE

1. PERSONAL HELP BUTTON

If you need help for any reason, simply push your Help Button.

2. LIFELINE UNIT

Pushing your Help Button activates your Lifeline unit. It dials the Response Center.

3. RESPONSE CENTER

Trained staff will talk to you from the Lifeline unit. If you can't answer or you tell them that you need help, they will call your Responders to assist you.

4. RESPONDERS

Your Responders are people whom you have chosen to assist you in case of an emergency. If your Responders are not available or if more serious help is needed, the ambulance will be sent.

5. HELP ARRIVES

Lifeline staff will continue to monitor your situation until help arrives and they have talked to those assisting you.

SOME COMMON QUESTIONS

Do I have to wear my Help Button all the time?

YES. It is completely waterproof. If you prefer to take it off when you shower or bathe, we recommend that you put a hook low on the wall near your tub or shower and hang your Help Button on that hook. When in bed, put your button in a pajama pocket or pin it to the front of your night wear. Your button will always be within reach if you need to call for help.

What if I push my Help Button by mistake?

Wait for Lifeline to talk to you and when they ask if you need help, tell them that you are okay and do not need help. They will reset your unit.

Will Lifeline interfere with my regular phone calls?

No. And all calls to Lifeline are toll-free with no charge to you.

If you use dial-up Internet access, your Help Button will not work while you are online. If you have a DSL Internet connection, a special filter is required.

What if the electricity goes off?

Your Lifeline unit has a rechargeable battery that allows you to use your button to call for help even during a power failure.

Will my Help Button work when I am outside?

Yes. Most people can garden or work around their home with confidence knowing that help is at hand.

Why do I have to test my Help Button?

Once a month, you will test your Help Button to ensure that your response system is working well. Subscribers often choose their birth or anniversary date as the day to test each month.

What do my Responders do if called?

When they arrive, they should give assistance to you and then check-in with Lifeline by pressing the RESET bar on the unit. Your responder should tell Lifeline what is happening. They can ask for additional help if necessary.

You must give a key to your house to your responders. You should also have a hidden key in case the ambulance is called by Lifeline.